

Appetizers

Garlic Bread Fresh French Stick smothered with garlic butter and baked golden brown ... \$4.5
With cheese ... \$6. With cheese and Bacon ... \$6.5

Bruschetta Sweet Basil marinated tomatoes, green onion and Parmesan baked on Focaccia bread ... \$7.5
With Mozzarella cheese ... \$9. With Feta Cheese ... \$9.

Cheesy Bacon Potato Scoops Crispy wedges of potato skins cut "scoop style" and smothered with bacon, cheese and green onion. Served with sour cream for "Scooping" ... \$7.5

Calamari Tender rings of Squid tempura battered and served with Tzatziki sauce ... \$9.5

Montebellos Escargot stuffed mushrooms, Tiger shrimp, or Scallops broiled in garlic butter and baked with mozzarella cheese. **Shrimp** ... \$10. **Scallop** ... \$10 **Escargot stuffed mushroom**... \$9.

Coconut Shrimp Six coconut breaded butterfly shrimp served with our tangy horseradish marmalade ... \$9.

Shrimp Cocktail Five chilled Tiger shrimp served with our zesty cocktail sauce and lemon ... \$9.

Cajun Shrimp Five panko breaded and Cajun seasoned Tiger shrimp served with our zesty cocktail sauce ... \$9.

Sweet Blue crab dip Spinach, Artichoke hearts, Sweet Blue Crabmeat, and three cheeses baked up piping hot!
Tortilla chips and homemade kettle chips for dipping ... \$12.

Soups and Salads

Try our homemade Raspberry vinaigrette, or Ranch, Blue cheese, 1000 island, Italian, French, Buttermilk- dill, Honey-Dijon, Balsamic vinaigrette, Calorie wise Italian, or Oil and vinegar.

Chef's soup of the day Made fresh daily ... \$4.5

French onion soup Classic caramelized Spanish onion in a robust broth with a hint of sherry. Topped with mozzarella and baked golden brown ... \$5.5

The House Salad Mixed seasonal greens with red Bermuda onion and shredded carrot. Garnished with fresh cucumber and a cherry tomato. **Regular size** ... \$4.5 **Meal size** ... \$7.

Classic Caesar Salad Crisp Romaine lettuce, real bacon bits, Parmesan cheese, and crusty croutons tossed in our homemade creamy dressing. **Regular size** ... \$5.5 **Meal size** ... \$8.

Traditional Greek Salad Fresh cucumber, crisp peppers, red Bermuda onion, and cherry tomatoes tossed in our homemade herb vinaigrette and served on a bed of Romaine. Finished with Feta cheese and Kalamata olives. **Regular size** ... \$6.5 **Meal size** ... \$9.

Napa Valley Salad Spring mixed baby greens topped with Cucumber, Peppers, Bermuda onion, cherry tomatoes, Kalamata olives, Feta cheese, and toasted pine nuts. Tossed in our Balsamic vinaigrette. **Regular size** ... \$6.5 **Meal size** ... \$9.

Kenny's Fired up Chicken Caesar Our Classic Caesar salad topped with Kenny's spicy cayenne chicken breast. **Regular size** ... \$9.5 **Meal size** ... \$12.

Mandarin Chicken Pasta Salad Tri coloured Fusilli pasta tossed with fresh garden vegetables, Mandarin oranges and our Kiwi Mandarin vinaigrette. Topped with a grilled chicken breast. **Regular size** ... \$9.5 **Meal size** ... \$12.

Add grilled chicken breast to any salad ... \$4. -OR- Add chilled tiger shrimp to any salad ... \$5.

Hot Sandwiches and Burgers

All sandwiches are served with choice of fries, soup or coleslaw and are garnished with lettuce, tomato, red Bermuda onion and a Strub's dill pickle. Substitute House salad or Onion rings for \$1, Caesar salad for \$1.5
. Add hot banana peppers for \$0.25

Pepper Mill 8 oz. Burger 8 oz. Chopped sirloin patty, charbroiled medium to medium well ... \$8.5
Add Fried mushrooms or onions ... \$0.5 ea. Add Strip bacon, Peameal or Cheese for \$1.25 ea.
Top it with Danish blue cheese for \$2.

THE WORKS – Fried mushrooms, onions, strip bacon and cheese ... \$2.

Pepper Mill Steakhouse burger Our 8 oz. Burger topped with fried onions and our Bold original BBQ sauce ... \$9.
Top it with Danish Blue Cheese for \$2.

Prime Rib-eye Steak Sandwich Centre cut Prime rib steak Charbroiled and smothered with fried mushrooms and onions ... \$10.5 Add cheese for \$1.25

Chicken Club Grilled 4 oz. Boneless chicken breast topped with strip bacon and mixed cheese. Served on a Multigrain ciabatta bun ... \$9.5

BBQ Chicken on a bun A grilled 4 oz. Boneless chicken breast smothered in our Bold original BBQ sauce ... \$8.5

Peameal & Cheese Melt Thick sliced Peameal loin charbroiled and topped with mixed cheese ... \$9.

Favourites and Pub Snacks

Mozzarella Sticks Battered Mozzarella served with salsa or ranch dip ... \$6.5

Battered Mushrooms Battered button mushrooms served with ranch dip ... \$6.

Jalapeno Poppers Breaded Jalapeno peppers stuffed with cream cheese and fried golden brown. Served with sour cream ... \$6.5

Sweet Potato Fries Shoe string sweet potatoes lightly fried and served with dijonnaise ... \$5.5

French fries small order ... \$2.5 A basket full ... \$3.5 With gravy ... \$4.5 Poutine ... \$5.5

Onion Rings Thick 'Beefeater' cut battered onion rings. A basket full ... \$4.5

Chicken wings Buffalo style plump and juicy wings. Available BBQ, mild, medium, hot, Cajun dusted, suicide or Honey garlic sauce. **Small (10)** ... \$9. **Large(15)** ... \$12.

Buzzard Bits Boneless Chicken Wings! Heavily breaded Chicken pieces tossed in your choice of BBQ, mild, medium, hot, Cajun dusted, suicide or Honey garlic sauce ... \$9.5

Chicken Fingers Four juicy breaded chicken tenderloins deep-fried and served with fries, our homemade coleslaw and plum sauce for dipping ... \$10.

Halibut Fish 'n Chips Boneless Alaskan Halibut, lightly coated in beer batter and deep fried golden brown. Served with our coleslaw and a heap of fries. **One piece** ... \$10. **Two piece** ... \$15.

Nachos Crispy corn tortilla chips smothered in cheddar and Mozzarella cheese and baked golden brown. Served with sour cream, salsa, hot banana peppers and topped with green onion ... \$8.5

Entrées

All entrées include soup or salad to start and are served with the vegetable of the day,
& your choice of fries, Alfredo noodles, wild rice or Potato of the day.

Your Steak charbroiling guide...

Blue Rare: Lightly seared outside, red and cool in the centre.

Rare: Seared outside, red and slightly warmed in the centre.

Medium Rare: Seared outside, pink mid to red in the centre, warmed throughout.

Medium: Firmly seared outside, pink to trace of red in centre.

Medium-well: Firmly seared outside, pink to trace of pink in centre.

Well: Firmly seared outside, cooked throughout, no pink.

Centre cut N.Y. Striploin steak Mouth watering grain-fed Alberta beef - N.Y. Striploin steak seasoned and grilled to perfection! **6oz.** ... \$16.5 **8 oz.** ... \$18. **10 oz.** ... \$20.5
Hungry? Add extra ounces to your steak... \$1.5 ea. Add blue cheese butter ... \$2.5

Like it spicy? Pepper Mill Pepper Steak Our Centre cut 8 oz. N.Y. Striploin steak seasoned with fresh cracked pepper and smothered in our homemade V.S.O.P. Brandy peppercorn sauce ... \$21.5
Hungry? Add extra ounces to your steak... \$1.5 ea. Small Portion (6oz) ... \$20.

Pepper Mill Top Sirloin 7-8 oz. Black Angus filet of Top Sirloin seasoned and grilled to perfection ... \$18.5
Top your steak with blue cheese butter for ... \$2.5

Beef Tenderloin Medallions Beef Tenderloin sliced and medallioned. Charbroiled your way and smothered with our red wine button mushroom sauce ... \$20. Small Portion ... \$18.5

Shrimp & Scallop Platter Six Gulf Tiger Shrimp & six Ocean Bay Scallops Broiled & drizzled in garlic butter ... \$24.

Steak & Seafood Trio Our N.Y. Striploin Matched with Garlic broiled Tiger Shrimp and Ocean Bay Scallops
6 oz. ... \$23. **8 oz.** ... \$25. Add extra ounces to your steak... \$1.5 ea.

Wild Pacific Salmon Filet 8 oz. Wild Pacific Salmon filet brushed with our lemon-Soya marinade and charbroiled tender and juicy. Served with our garlic and dill aioli ... \$17.

Catch of the Day Ask your server for the fresh fish of the day. Market Prices.

Smothered Chicken Two boneless chicken breasts basted in our bold original BBQ Sauce and smothered with bacon, green onion, and mixed cheese ... \$15. small (1 breast) ... \$13.

Basted Boneless Chicken Two boneless chicken breasts grilled and basted in your choice of Honey garlic sauce, Lemon pepper, or lightly seasoned ... \$13. small (1 breast) ... \$11.

Slow Roasted Pork Ribs Our tender pork ribs are slow roasted in our secret marinade, then charbroiled and basted with our bold original BBQ sauce.
Small Portion ... \$12. **Half rack** ... \$14. **Full rack** ... \$17.5

Country Ranch Pork Chops Two centre cut Pork Chops marinated Ranch style and grilled. Topped with an apple fritter ... \$12.5 Small Portion (1 chop) ... \$10.5

Mixed Grill Try them all! Combine a Tenderloin Medallion, ¼ Rack of Ribs, a country ranch Pork Chop and 2-3 ounces of grilled chicken breast ... \$18.

Side orders

Fried Mushrooms and onions ... \$3.

Asparagus spears lightly fried in herbed oil ... \$5.

V.S.O.P Napoleon Brandy Peppercorn sauce ... \$4.

Red wine button mushroom sauce ... \$4.

Pasta

All pasta dishes are served with garlic bread on the side.
Add Soup of the day, House or Caesar salad to any Pasta dish for \$1.5

Sautéed Pasta

All creamy pastas are made from scratch in our pans and are available without garlic when requested, our tomato and blush pastas are made from scratch as well, however our tomato sauce is made ahead of time and has garlic in it.

Seafood Fettuccine Long flat noodles sautéed with tiger shrimp, ocean bay scallops, crab meat, green onions and mushrooms then tossed in our creamy dill sauce ... \$17.5 Small portion ... \$15.5

Louisiana Shrimp Fettuccine Long flat noodles sautéed with tiger shrimp, green onion and mushrooms and tossed in our spicy cream sauce ... \$16. Small portion ... \$14.

Mediterranean Chicken Fettuccine Sautéed Boneless chicken breast, Sun dried tomatoes, Red bell peppers, scallions and garlic tossed in our clear zesty herb sauce ... \$13. Small portion ... \$11.
Greek it up with feta cheese, Kalamata olives and cherry tomatoes for \$3.5

Smoked Chicken Carbonarra Smoked chicken breast, thin sliced Prosciutto ham, portabella mushrooms and scallions tossed with fusilli noodles in our creamy Carbonarra sauce.
Regular ... \$16. Small portion ... \$14.

Smoked Salmon and Linguini Natasha Long thin flat noodles sautéed with smoked Atlantic salmon, scallions, capers and diced tomato then tossed in our Vodka cream sauce.
Regular ... \$16. Small portion ... \$14.

Linguine Arrabbiatta Long thin flat noodles sautéed with sun dried tomato and oregano sausage, bell peppers and scallions then tossed in our spicy tomato sauce ... \$13. Small portion ... \$11.

Seafood Marinara Fettuccine noodles sautéed with tiger shrimp, Ocean bay scallops, combination crab meat, rainbow peppers and portabella mushrooms and tossed in our tomato marinara sauce.
Regular ... \$17.5 Small portion ... \$15.5

Fusilli Primavera Small tri-coloured spiral pasta sautéed with fresh seasonal vegetables and tossed in your choice of our tomato sauce, our tomato-Alfredo sauce, or our basil cream sauce.
Regular ... \$12. Small portion ... \$10.
Add boneless chicken breast ... \$4. Add Tiger Shrimp ... \$4.

Fettuccine Alfredo Long flat noodles tossed in our homemade garlic cream sauce ... \$11. Small portion ... \$9.
Add boneless chicken breast ... \$4. Add Tiger Shrimp ... \$4.

Oven Baked Pasta

Cheese Cannelloni Long, tube shaped pasta stuffed with spinach and ricotta cheese and baked smothered in our tomato marinara sauce and mozzarella cheese ... \$14. Small portion ... \$12.

Veal Cannelloni Long, tube shaped pasta stuffed with seasoned ground veal and baked smothered in our tomato marinara sauce and mozzarella cheese ... \$14. Small portion ... \$12.

Please make your server aware of shellfish, nut, wheat gluten or any other allergies.

The Pepper Mill Steak & Pasta House Children's Menu

Chicken Dinosaur Buddies

Dinosaur shaped white meat breaded chicken served with Fries and plum sauce ... \$5.

Fish n' Chips

A 3-4 oz. Fillet of haddock battered and served with fries ... \$7.

Pepperoni Pizza & Fries

5" deep dish pepperoni and cheese pizza served with French fries ... \$6.

Pogo Stick

Corn breaded hot dog on a stick! Served with Fries ... \$5.

Spaghetti

Spaghetti noodles tossed in your choice of Tomato sauce, Alfredo sauce, or just plain with a touch of butter. Served with garlic bread ... \$5.

**The following are served with your choice of fries, Alfredo noodles, wild rice or baked potato and vegetable of the day after 4:00pm.
(Served with fries and choice of coleslaw or carrots and celery during lunch hours).**

Chicken breast Dinner

A 4 oz. Boneless chicken breast basted in honey garlic sauce or simply lightly seasoned ... \$9.

N.Y. Striploin steak Dinner

A 4 oz. Centre cut N.Y. Striploin steak grilled just how you like it ... \$10.

Kids Ribs!

A three Bone piece of our tender slow roasted pork ribs basted in your choice of our bold BBQ sauce or our honey garlic sauce ... \$10.

All children's menu items are served with fountain Pop.
Juice, White or Chocolate milk can be substituted for \$0.50.

Add Ice cream for \$1.00